

CUTANEOUS ARTERIOVENOUS MALFORMATIONS



A high-flow vascular malformation of abnormal and irregular vascular networks **shunting blood** directly from the **arterial to venous** system.

EPIDEMIOLOGY

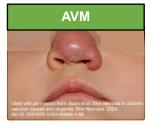
- ~1.5% of child vascular anomalies.
- ~50% oral & maxillofacial but occurs anywhere.
- Always present at birth, but only apparent in 40-60% of cases at birth.
- 10% become apparent in adolescence.
- Male: female ratio 1:1.

PATHOPHYSIOLOGY

- Likely persistence of primitive arteriovenous connections or new vascular formations.
- Occurs in 3rd week of embryogenesis.
- Absence of small capillaries results in inadequate oxygenation & destruction of surrounding tissues

DIAGNOSIS

- History and physical exam.
- Hand-held U/S Doppler: fast-flow & shunting.
- MR-angiography or CT-angiography.





CLINICAL FEATURES

- Always present at birth; not always apparent.
- Well-demarcated pink-blue lesion.
- Palpable warmth, pulse, thrill, audible bruit.
- **Growth** increased by puberty and trauma. Rate is unpredictable.
- Does not involute.
- Infiltrative and destructive.

Schobinger Stages of AVM	
Stage	Clinical findings
I: Quiescence	Pink-blue, warm, shunting on Doppler U/S
II: Expansion	Enlargement, bruit, thrill, pulsing
III: Destruction	Bleeding, pain, ulceration
IV: Decompensation	Destruction to surrounding tissue, cardiac failure

DDx: INFANTILE HEMANGIOMA

- Most common tumor in infancy.
- Appears shortly after birth, initially flat, erythematous, becomes raised during rapid growth 0-6 months of age, and involutes.

<u>COMPLICATIONS</u>: Venous or arterial hemorrhage. Skin or mucosal erosion into a superficial lesion.



MANAGEMENT

Intervention determined by: (1) size and location, (2) patient age, and (3) Schobinger stage:

Non-operative: observation

- Commonly for small, clinically stable, asymptomatic lesions.
- Topical hydrated-petroleum to prevent desiccation/ulceration.
- Long-term follow-up with multidisciplinary team.

Operative: embolization, resection, or combination

- Schobinger stages 3 and 4.
- Preoperative embolization to ♥ blood loss.
- Wide excision necessary to minimize recurrence.
- Reconstruction with flaps post-resection often necessary.

Treatment and timing are often individualized to the patient and the extent of disease.