

Transgender Health: Tips for Inclusive Care

Additional Resources

Resources for Children

- Be Who You Are by Jennifer Carr
- Who Are You? by Brook Pessin-Whedbee
- I am Jazz by Jessica Herthel and Jazz Jennings
- When Kathy is Keith by Wallace Wong.

Resources for Teens

- Some Assembly Required by Arin Andrews

Resources for Parents

- Supportive Families, Healthy Children, Helping Families with Lesbian, Gay, Bisexual, and Transgender Children by Caitlin Ryan
- Transitions of the Heart, Stories of Love, Struggle and Acceptance by the Mothers of Transgender and Gender Variant Children, edited by Rachel Pepper
- The Transgender Teen: A handbook for parents and professionals supporting transgender and non-binary teens

Resources for Healthcare Providers

- Standards of Care for the Health of Transsexual, Transgender and Gender Nonconforming People (7thversion). The World Professional Association for Transgender Health.
- Management of gender dysphoria in adolescents in primary care. *CMAJ* 2019 January 21;191:E69-75. doi: 10.1503/cmaj.180672